More and more businesses in all types of industries are becoming aware of the importance of ergonomics. That’s because they have learned firsthand that adjusting processes, machinery and workstations to fit employees can help to reduce painful back strains and costly repetitive motion injuries, such as carpal tunnel syndrome.

Employers have also learned that employees who work in a safe and comfortable environment are likely to be more productive, produce higher-quality work and exhibit greater job satisfaction – all of which can impact the business’s profitability.

**Ergonomics Specialists to Serve You**

The Hartford, a leading provider of loss control and risk management services, offers ergonomics programs and training to help businesses assess and improve their operations – and their bottom line. Trained by our own Certified Professional Ergonomists, your local Hartford ergonomics specialists are uniquely qualified to provide solutions for your business.

**Creative Solutions With Your Involvement**

At The Hartford, we believe the best solutions are created with the involvement of those who are directly impacted by a problem. That’s why we use a team approach to ergonomics. No matter what type of operation you have, your local Hartford ergonomics specialist will work closely with your safety committee, human resources department, engineers, machine operators, or other staff to help you:

- Assess your work processes – from start to finish
- Identify hazards, inefficiencies and movements that cause discomfort
- Apply ergonomic principles, such as good body mechanics, to enhance comfort
- Brainstorm ways to increase safety and efficiency
- Create a practical action plan that incorporates the principles of continuous improvement

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**TAKE A CLOSER LOOK ...**

While studying the work being performed in the above photograph, The Hartford’s Certified Professional Ergonomist identified opportunities to improve comfort for the operator. Can you? (See “Opportunities to Improve Comfort” on back page)
Tools to Help Your Business Succeed

As a Hartford customer, you not only have access to The Hartford’s outstanding safety products, but you also can take advantage of substantial discounts on high-quality ergonomics training programs from Comprehensive Loss Management, Inc. (CLMI). You can use these award-winning products to improve your ergonomics program. Price lists and training program details are available from your loss control consultant.

Contact Us Today

Let us show you how you can enhance comfort, increase productivity and improve quality through ergonomics. Contact your local loss control consultant or local broker or agent who represents The Hartford. You can also visit our Web site at www.thehartford.com/corporate/losscontrol.

Opportunities to Improve Comfort (from front page photo)

The point of operation is too high, causing awkward posture and bent wrists which, over time, could lead to a painful injury. Recommendation: Lower the point of operation so the operator’s arms fall closer to her body. Modify the tool or replace it with an in-line model. These simple changes should cause less strain on her shoulders, neck, arms, wrists, and back, and improve comfort and productivity.

The Hartford does not warrant that the implementation of any loss control recommendation will result in the elimination of any unsafe conditions at your business locations or with respect to your business operations. Further, we do not warrant that the implementation of any loss control recommendation will result in compliance with the health, fire, safety standards or codes of any local, state, or federal ordinance, regulation, statute or law. We assume no responsibility for the control or correction of hazards. The provision of loss control recommendations shall not constitute our undertaking, on your behalf or for the benefit of others, to determine or warrant that your business locations or business operations are safe or healthful, or are in compliance with any law, rule or regulation.